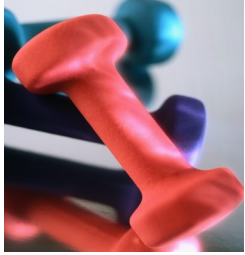


JUNE FITNESS 2017

VER 3



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2	3
					9:00—10:00 Yoga Lisa 9:00—10:00 H2O Fit Steven 12:10—1:00 Spin Susan 12:10-1:00 Aqua Zumba Amy 5:30—6:30 Jazzercise Pat 5:30—6:30 Zumba Mich (Gym) 7:00-8:00 Zumba Diego Gym	9:00 - 10:00 H2O Fit Pia 9:00- 10:00 Yoga Chrissy 12:00-1:00 Water Fit Jill 12:10-1:00 Zumba Yan	
	4	5	6	7	8	9	10
		7:00—8:00 Yoga Kate 9:00-10:00 H2O Fit Pia 12:10-1:00 Total Fit Susan C 5:00—5:45 Jazzercise Pat 6:00—7:00 Yoga Lisa	8:30—9:30 Yoga Chrissy 9:00 -10:00 H2O Fit Steven 12:10—1:00 Aqua Zumba Amy 4:15—5:15 Yoga Lisa 5:30—6:30 Jazzercise Pat 5:30—6:30 Zumba Mich (Gym) 7:00 —8:00 Zumba Diego	7:00-8:00 am Boot Camp Sam 7:00 —8:00 am Yoga Maryt 9:00-10:00 Yoga Chrissy 9:00-10:00 H2O Fit Dawna 12:10—1:00 Total Fit Susan C 6:00—7:00 Yoga Maryt 7:00—8:00 Zumba Diego	9:00—10:00 Yoga Elizabeth 9:00—10:00 H2O Fit Steven 12:10—1:00 Spin Jill /Simon 12:10—1:00 Aqua Zumba Amy 5:30—6:30 Jazzercise Pat 5:30—6:30 Zumba Mich (Gym) 7:00—8:00 Zumba Diego (Gym)	9:00 - 10:00 H2O Fit Pia 9:00— 10:00 Yoga Chrissy 12:00-1:00 Water Fit Jill 12:10-1:00 Zumba Yan	
	11	12	13	14	15	16	17
		7:00—8:00 Yoga Kate 8:00—9:00 H2O Fit Sue B 9:00-10:00 H2O Fit Pia 12:10-1:00 Total Fit Jill 5:00—5:45 Jazzercise Pat 6:00—7:00 Yoga Lisa	8:30—9:30 Yoga Elizabeth 9:00 -10:00 H2O Fit Steven 12:10—1:00 Aqua Zumba Amy 4:15 - 5:15 Yoga Lisa 5:30—6:30 Zumba Mich (Gym) 5:30—6:30 Jazzercise Pat 7:00 —8:00 Zumba Diego	7:00-8:00am Bootcamp Sam 7:00 —8:00 am Yoga Maryt 8:00—9:00 H2O fit Susan D 9:00-10:00 Yoga Chrissy 9:00-10:00 H2O Fit Dawna 12:10 -1:00 Total Fit TBA 6:00—7:00 Yoga Maryt 7:00—8:00 Zumba Diego	9:00—10:00 Yoga Elizabeth 9:00—10:00 H2O Fit Steven 12:10—1:00 Spin Susan 12:10—1:00 Aqua Zumba Amy 5:30—6:30 Jazzercise Pat 5:30—6:30 Zumba Mich (Gym) 7:00—8:00 Zumba Diego gym	8:00- 9:00 H2O Fit Sue B 9:00—10:00 H2O Fit Pia 9:00-10:00 Yoga Chrissy 12:00-1:00 Aqua Zumba Amy 12:10 -1:00 Zumba Denise	
	18	19	20	21	22	23	24
		7:00—8:00 Yoga Kate 8:00—9:00 H2O Fit Sue B 9:00-10:00 H2O Fit Pia 12:10-1:00 Total Fit Susan C 5:00—5:45 Jazzercise Pat 6:00—7:00 Yoga Lisa	8:30—9:30 Yoga Elizabeth 9:00—10:00 H2O Fit Steven 12:10—1:00 Aqua Zumba Amy 4:15—5:15 Yoga Lisa 5:30—6:30 Jazzercise Pat 5:30—6:30 Zumba Mich (Gym) 7:00 —8:00 Zumba Diego	7:00 —8:00am Bootcamp Sam 7:00 —8:00 am Yoga Maryt 8:00—9:00 H2O fit Susan D 9:00-10:00 Yoga Chrissy 9:00-10:00 H2O Fit Dawna 12:10 -1:00 Total Fit Susan C 6:00—7:00 Yoga Maryt 7:00—8:00 Zumba Diego	9:00—10:00 Yoga Elizabeth 9:00—10:00 H2O Fit Steven 12:10—1:00 Spin Susan 12:10-1:00 Aqua Zumba Amy 5:30—6:30 Jazzercise Pat 5:30—6:30 Zumba Mich (Gym) 7:00—8:00 Zumba Diego (Gym)	8:00- 9:00 H2O Fit Sue B 9:00 - 10:00 H2O Fit Pia 9:00— 10:00 Yoga Chrissy 12:00-1:00 Water Fit Jill 12:10-1:00 Zumba Yan	
	25	26	27	28	29	30	
		7:00—8:00 Yoga Kate 8:00—9:00 H2O Fit Sue B 9:00-10:00 H2O Fit Pia 12:10-1:00 Total Fit Susan C 5:00—5:45 Jazzercise Pat 6:00—7:00 Yoga Mayrt	8:30—9:30 Yoga Elizabeth 9:00-10:00 H2O Fit Steven 12:10—1:00 Aqua Zumba Amy 4:15—5:15 Yoga Chrissy 5:30—6:30 Jazzercise Pat 5:30—6:30 Zumba Mich (Gym) 7:00 —8:00 Zumba Diego	7:00—8:00 am Bootcamp Sam 7:00 —8:00 am Yoga Maryt 8:00—9:00 H2O fit Susan D 9:00-10:00 Yoga Chrissy 9:00-10:00 H2O Fit Dawna 12:10 —1:00 Total Fit Molly 6:00—7:00 Yoga Maryt 7:00—8:00 Zumba Diego	9:00—10:00 Yoga Lisa 9:00—10:00 H2O Fit Steven 12:10—1:00 Spin Susan 12:10-1:00 Aqua Zumba Amy 5:30—6:30 Jazzercise Pat 5:30—6:30 Zumba Mich (Gym) 7:00—8:00 Zumba Diego	8:00- 9:00 H2O Fit Sue B 9:00 - 10:00 H2O Fit Pia 9:00— 10:00 Yoga Chrissy 12:00-1:00 Water Fit Jill 12:10-1:00 Zumba Yan	

Aqua Zumba
Tuesday 12:10—1:00pm
Thursday 12:10—1:00pm

Yoga
Added classes.....
Monday 7:00 —8:00 am
Wednesday 7:00- 8:00am

Spin
Thursday 12:10—1:00pm

Classes designated in black you can use your recreation center punch card or drop-in.

Classes designated in green are contract. Class fees are paid directly to instructor.

8 /drop-in
\$60 /10 punch card
\$82.50 /15 punch card
\$351 /12 month pass
unlimited land classes
all year